

Breastfeeding Drop In Center Pettis County WLC

911 E. 16th St. Sedalia, MO 65301

Breastfeeding moms can drop in during office hours and have babies weighed. Questions and concerns can be addressed by trained breastfeeding staff.

WLC Breastfeeding Peer Counselor

Jasmine Olmedo

Helpline: 660-281-7584

jasmine.olmedo@lpha.mo.gov

Area Lactation Consultants

Janice Johnson
RN, BSN, IBCLC

C: 660-221-5620

63sassylas@gmail.com

Sarah Cordes
RN, IBCLC

660-827-9474

Baby Café email:

pettiscountybabycafe@gmail.com

Community Partners

Early Head Start

1500 Ewing Drive, Sedalia, MO 65301

P: 660-826-4400 C: 660-620-0806

email: info@chs-mo.org

A child and family development program for pregnant women, infants, and toddlers up to the age of 3. Includes support for prenatal and breastfeeding mothers. Doulas* and staff certified in infant massage are available.

Birthwright

1810 W. 10th St. Sedalia, MO 65301

660-826-9060

Provides pregnancy tests, counseling, infant and maternity clothing. Provide information on pregnancy and baby development.

Breastfeeding Websites

www.kellymom.com

www.mobreastfeeding.org

www.breastfeedingusa.org

www.cdc.gov/breastfeeding

Pettis County Breastfeeding Coalition



Breastfeeding Resource Guide

Like us on facebook.

[www.facebook.com/
PettisCountyBabyCafe](http://www.facebook.com/PettisCountyBabyCafe)

Breastfeeding Support



Pettis County WIC Office
Both manual and electric breast pumps are available for WIC participants. Type of pump issued depends on needs of the mom.

660-827-4599


Baby Café

Free breastfeeding drop in center. A place to connect with other moms. Ask questions and share ideas, eat a snack and see a lactation consultant.

Bothwell Regional Health Center
Woman's Health Care - 1st Floor
601 E. 14th St. Sedalia, MO 65301
Every Tuesday 4:00p.m.-6:00p.m.

Adapt Health

The affordable Care Act mandates that health insurance carriers offer breast pump coverage. The Breast Pump Solutions Program, can help you obtain a breast pump through your insurance plan if they are a participating plan.



Education

Area Breastfeeding Classes

"Breastfeeding 101: Keep It Simple"

This class is great for learning the most up to date information available to moms who choose to breastfeed. Please call for dates and times. 660-827-4599

Baby Café Guest Speaker Events

Visit the Pettis County Baby Café Facebook page for information on topics and event schedule.

Breast Pumps

breastpumps.com

Easy online ordering system and prompt verifications, we're able to connect moms to a wide variety of pumps. Easy sign-ups and free shipping. Call 866-805-2424 or email freepumps@breastpumps.com

Telephone Assistance

Pettis County WIC - Breastfeeding Helpline

660-281-7584

Speak to a local trained professional after normal WIC office hours and weekends. Get breastfeeding support and encouragement. Get answers to your breastfeeding questions. Call or text.

National Breastfeeding Helpline

800-994-9662

Mon-Fri 8:00a.m.-5:00p.m.

Trained breastfeeding peer counselors can help answer common breastfeeding questions by phone. English and Spanish

Medication Questions

806-352-2519

Dr. Thomas Hale's Infant Risk Center
Texas Tech Univ. Health
Mon-Fri 8:00a.m.-5:00p.m.

Health professionals are on staff to answer both parents' as well as physicians' questions concerning safety of medications during pregnancy and breastfeeding.